

# Fun with Food & Fitness Teacher Survey



We would appreciate your completion of this brief survey to help us learn how well we are meeting the needs of the children in your classroom or center.

1. How well do you feel *Fun with Food & Fitness* curriculum met the North Carolina Essential Standards for healthy living for Grade 1?  
 The standards were fully met.  
 The majority of the standards were met.  
 Some of the standards were met.  
 The standards were not met satisfactorily.
2. How well do you feel *Fun with Food & Fitness* curriculum met the North Carolina Core Standards as targeted within the curriculum for Grade 1?  
 The standards as outlined were fully met.  
 The majority of the standards as outlined were met.  
 Some of the standards as outlined were met.  
 The standards were not met satisfactorily.
3. How many lessons were presented by the EFNEP Extension Program Assistant? \_\_\_\_\_
4. Did you present any of the lessons?  
 Yes  
 No  
If yes, how many? \_\_\_\_\_
5. What can be done to better meet your needs as an educator?

6. Do you feel that the students were excited about the *Fun with Food & Fitness* lessons?
- Students looked forward to the lessons.
  - Students did not look forward to the lessons.
7. What changes have you noticed as a result of the participation in *Fun with Food & Fitness*?
- Students wash hands more often.
  - Students wash hands using proper steps.
  - Students try new foods.
  - Students are eating more variety of foods at school.
  - Students play during recess.
  - Students share they are talking with their parents about healthy eating and daily activity.
8. Would you take a moment to think of a specific story of how a student's nutrition and/or physical activity behavior has improved and tell us about your observations?
9. What suggestions do you have to help us improve *Fun with Food & Fitness*?
10. Is there anything else you would like to share about your experience with the program?

***Thank you!***

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